



## **GROWTH REMOVAL POST TREATMENT AND AFTER CARE**

### **POST TREATMENT**

- Do not wash treatment site until the next day: Softening of the brand new scab with water may cause it to come off prematurely; the end result is that the skin will take longer time to heal.
- Do not scratch the treated area: During the healing process, the area may become itchy. Advise your client to use the back of their hand to gently pat it a few times to aid the itchiness. This helps to avoid the irritation that may cause delay in the healing process.
- Do not apply any product on the treatment site: Products that are not instructed to apply on are most likely to cause irritation of the skin the only two things that can be put on skin are sun block or 100% mineral powder make up, make sure no rubbing and use clean and soft brush to apply the mineral powder.
- Do not use Sauna room, steam room, swimming and Jacuzzi, long shower or activities that cause excess sweat until the scab falls off. Extra wetness of the treatment site may cause the scab to fall off prematurely. This will result in the scab to form again and it causes delay in the healing process.
- Do not use any acid product until two months after the treatment: there should be no exfoliation on brand new skin. It may cause major irritation or acid burn to the new cells.
- Do not use microdermabrasion or any other exfoliates for at least one month.

### **AFTER CARE**

- Do: wear sun block every day.
- Do: Use Neosporin, if there is redness around the treatment site. Apply at night only.
- Do: Schedule for a Microdermabrasion procedure one month after the treatment. It will speed up the cells turn over process. It should be performed once a week at low intensity and go over the spot a few passes.
- Do: LED light in red can be performed any time after the treatment, the light energy is able to heal and repair the skin from inside out fast.
- Do: use Skin lightening serum after the scab falls off: this serum may also help the skin to recover its natural color faster.

### **HEALING AND RECOVERY**

The treatment area will form an immediate protective scab, which can be from grey, light brown to dark brown or even black in color. Keep the area as dry as possible. The scab should fall off naturally in average of seven to ten days. Large skin growths may produce two to three successive crusts and last up to three weeks. In an area of good blood supply and abundant subcutaneous tissue, healing will be rapid.

Call with any questions or concerns 919-322-2178